

Free & Virtual

# INFANT FEEDING CLASS

January 15th, 6pm-8pm

*There are many ways to feed your baby. Come learn and find the right method that fits your family, your lifestyle, and your goals. Taught by Certified Childbirth Educators and an IBCLC. All birthing and lactating people and their partners are welcome to attend.*



Breast/chest feeding



Bottle feeding  
and pumping



Formula feeding

**Register Today!**

<https://bit.ly/InfantFeedingJanuary2025>



SWMPQIC

Southwest Michigan Perinatal Quality Improvement Collaborative