

## **Urgent Maternal Warning Signs**

Seek care immediately if you are pregnant or within one year of delivery and have any of these symptoms



Headache that won't go away or gets worse over time



Dizziness or fainting



Changes to vision



Fever higher than 100.4 or higher



Extreme swelling of hands or face



Thoughts of harming yourself or baby



Trouble Breathing



Chest pain or fast beating heart



Severe nausea and vomiting (not like morning sickness)



Severe belly pain that doesn't go away



Baby's movement stopping or slowing during pregnancy



Severe swelling, redness, or pain of your leg or arm



Vaginal bleeding or fluid leaking *during* pregnancy



Heavy vaginal bleeding or discharge *after* pregnancy



Overwhelming tiredness